

## Pleasant View Farm: Rules and Responsibilities

In order to ensure that the house runs smoothly, we have developed the following rules and responsibilities. We are open to suggestions from the residents and hope that the following guidelines will ensure that everyone has a productive and enjoyable stay at PVF. HBRF reserves the right to evict individuals who do not cooperate with the rules and normal operation of the facility.

### Dos

1. Remember, Pleasant View is cooperative house. Please be considerate of others.
2. Keep the house clean (checklist will be provided).
3. Welcome visitors to the house – many people who drop by conducted research at Hubbard Brook at some time in the past and lived at PVF. Some of them may also be quite eminent scientists. Please introduce yourself and welcome these folks.
4. Food purchasing and meal preparation are left to the discretion of the house members. Currently, members contribute to a fund that supports meals and house members rotate cooking responsibilities (see details below).
5. Separate all refuse into compost, recyclables, and garbage. Residents should empty compost daily at the compost bin. Recyclables should be sorted into bins on the porch and transported by residents to the Campton transfer station. Trash should be thrown into the dumpster.
6. Please help with general maintenance to the extent possible.
7. Pleasant View has an active rodent population so it is important to keep food in cupboards or in sealed containers on the counter and to keep the counters and floors as clean as possible. **This includes keeping the counter clean between breakfast and dinner.**
8. Observe quiet hours. After 10pm on weeknights music and socializing should be restricted to the porch, unless no one is staying on the first floor (in which case it should be restricted to the first floor).
9. No consumption or possession of alcohol by anyone under age 21. Please note: Underage possession, underage drinking, contributing to underage possession or drinking, and merely knowing about underage possession or drinking taking place in your residence are criminal offenses in New Hampshire.

### Don'ts

1. Do not bring pets of any kind onto the property or into the buildings. Pleasant View residents and lab users are not allowed to keep pets on the premises.
2. Do not smoke in or around any of the buildings.
3. Do not bring items from the lab into the house, or from the house into the lab. It is difficult to determine if an item has been contaminated in the lab, so all materials and equipment that have been used in the lab are prohibited outside the lab. **This is one of the two most important and long-standing rules at Pleasant View!**

4. No open flames of any kind are permitted in or near the buildings. No candles, incense, cook stoves, or any other source of open flame. This is a very old, wooden farmhouse with an interesting history. We don't want to burn it down. **This is the other most important rule.**
5. Do not leave personal property of any kind in the house or lab at the end of the field season. It will be thrown out.
6. Do not leave equipment behind at the end of the field season.
7. Occasional guests are welcome to stay with you in your room but you are responsible for seeing that they understand and abide by the house rules. If guests stay longer than 3 days, they will be subject to the daily or weekly rate.
8. Children are allowed as visitors but are not allowed to reside in the house.

## **Computer and Internet Use**

The Computer room is located on the first floor of the Dormitory. The room currently has three workstations and one laser printer. There is an additional general-use computer in the front office of the lab, as well as wireless modem service. The equipment is available for all guests and individuals associated with the Hubbard Brook Project. Internet access is via a cable modem.

The workstations and are provided at no cost to the users, thanks to a grant from the National Science Foundation.

## **Miscellaneous details**

**Pleasant View Work Day:** There is usually one day a season set aside as a work day for special household projects. The date will be determined at a house meeting. On this day all residents and facilities users spend the day working on projects relating to the upkeep of the house and lab.

**Recreation:** There are many recreational opportunities at or near PVF. At PVF there is volleyball, basketball and a plot for gardening. Nearby you will find tennis, swimming at Mirror Lake, hiking and climbing in the White Mountains and boating the Pemigewasset River. Residents are encouraged to take advantage of these opportunities.

**Transportation:** Residents must provide their own means of transportation. The farmhouse is about 1 mile from the base of the experimental watersheds and most study sites are another 1 to 3 miles up the access road from this point. There are no common use or research vehicles at the facility.

**Food, Shopping, Cooking, etc:** Food generally costs \$5 per day (\$1.50 breakfast, \$1.50 lunch, \$2 dinner), or \$35 per week. The amount that you contribute should correspond to the number of meals you plan to eat for the upcoming week (if you know you won't be around for the coming weekend, for example, you only need to pay \$25 for the five days

you will be around.) All money should be contributed by Saturday, and recorded on the food contribution sheet (which will be on the refrigerator). Each weekend, two people from the house take the money collected for the week and shop for the upcoming week's groceries. (This usually involves a calculator and two shopping carts!) You are also responsible for keeping the house supplied with nonfood items like toilet paper and cleaning supplies, so a small portion of the money goes to this expense. If you have any personal food, it can be kept in the cupboards and 'fridges, but should be clearly marked with your name on it.

The group cooks dinner and eats together four days a week, Monday – Thursday. You take turns cooking, so that each person living in the house is responsible for cooking approximately once every 2-3 weeks. There will be a calendar posted on the refrigerator to keep track of who is cooking when. If you sign up to cook for the coming week, you need to put together a list of the groceries you'll need by Saturday for the people who are shopping. The cook is responsible for washing his/her own dishes after dinner. We have lots of cookbooks and cooking magazines to help with meal planning ideas. The cook should shoot for having dinner ready between 6:30 and 7 PM. There are usually plenty of leftovers for people who can't make it to dinner and/or for lunch the next day.

The type of food you eat depends on the preferences of the group, so it varies from year to year. In the past, the meals have primarily been vegetarian meals. If you would like to cook a meat dish, you should also prepare a vegetarian alternative for any non-meat eaters in the house. If anyone has any special dietary needs (allergies, vegan, etc.), it's usually not difficult to accommodate as long as everyone in the house is aware of it.

Dinner food gets priority when it comes to the shopping budget. Dinner food is kept in the left refrigerator. Food stored in the cupboard that is for dinner should be marked to avoid confusion. The rest of the week's money is spent on staples for breakfast, lunch and snacks. There is a list of staples on the refrigerator to serve as a guideline for the shoppers. Anything can be added to this list if you feel something is missing. Any special requests for groceries can be put on the list on the fridge. Anything you run out of during the week can be added to this list as well to make it easier for the people who shop.

Pleasant View operates on a wash-your-own-dishes-as-soon-as-you-are-done-with-them policy. Ignoring this policy is one of the easiest ways to introduce discord into the living situation, so please follow it. This rule also applies to our potluck guests.

**Pleasant View Potlucks:** It is a long-standing tradition that Pleasant View hosts a potluck dinner each Monday night. Everyone who works at Hubbard Brook is invited. The person who cooks for Pleasant View on Monday nights only needs to make a large main dish to share with everyone.

**Cleaning:** Every Tuesday is cleaning night. Residents rotate cleaning jobs so that each week everyone gets a new and exciting task, and the house gets thoroughly cleaned.

Cleaning usually takes ~1 1/2 – 2 hours and is a non-negotiable part of living at the house.

**Laundry:** In 2004 the HBRF installed a washer and dryer. Dryer use is discouraged during the warm summer months, and the washer must be run in water conserving mode. Other than that, residents are free to use both.

**Garden:** We have a garden! The produce harvested will help decrease the weekly grocery bill. The success of the garden depends on the dedication of the house members to keeping it weed-free and watered!

**Telephone:** There is no long-distance service from either of the phone lines at Pleasant View. In order to make a long-distance call, you need to use a calling card. There are two separate phone lines; 726-4167 rings in the house and the lab and 726-9954 rings in the house only. All phone messages should be written on the big chalkboard.

**Mail:** The mailbox is located at the end of the driveway – mail is picked up and delivered everyday around 2 PM. Anyone who gets the mail should distribute it to each person's individual mailbox (on the first floor.)

**Water Information:**

In 2004, the HBRF installed a reverse-osmosis water treatment system for the house and the lab. It provides wonderful water but is finicky and expensive to operate, so residents are asked to conserve water as much as possible.